(**Alameda, Albany, Berkeley, Emeryville, Oakland, Piedmont**)

Home Delivered Meals Alameda Meals on Wheels (Alameda only)............................510-865-6131 Albany Meals on Wheels (Albany only).................................................................................510-524-9124 Bay Area Community Services (Oakland only) .........................................................................510-986-8916 Berkeley Tri/City Nutrition Program (Berkeley only).............................................................510-981-5250 Emeryville (Tri/City Nutrition Program) (Emeryville only)..............................................................510-596-3730 Senior Group Dining (congregate meals) BACS (Alameda & Oakland Only), Oakland .......................510-986-8909 Tri-City Café (Senior centers for Albany, Berkeley, Emeryville): Albany Senior Center………….510-524-9122 Berkeley Senior Centers: ...........................North 510-981-5190, South 510-981-5170, West 510-981-5180 Emeryville Senior Center...........................................................................................510-596-3730 Alameda County Community Food Bank ....................................................................510-635-3663, 1-800-870-3663 Brown Bag Program .................................................................................................................510-534-8540 Food Stamps ............................................................................................................................510-891-0700 (North County Ctr.), 510-383-5300 (Eastmont Ctr.) Senior Resources Food Co-op (wholesale produce), St.Paul’s Church, Oakland...1-877-797-7299

(**Castro Valley, Hayward, San Leandro, San Lorenzo**)

Home Delivered Meals Project Open Hand (for homebound and critically ill NON-seniors)…510-622-0221 S.O.S. Meals on Wheels............................................................................................................510-582-1264 Senior Group Dining (congregate meals) Hayward Senior Center (sign up day in advance before 12 noon) 510-881-6766 K.C.

Aitken Senior Center (Monday-Thursday, sign up day in advance before 12 noon) ...............510-881-6738 Spectrum Community Services (senior community dining)………………………………………………….510-881-0300 Alameda County Community Food Bank.......................................................510-635-3663,1-800-870-3663

Brown Bag Program.................................................................................................................510-534-8540

Food Stamps ............................................................................................................................510-670-6000

**(Dublin, San Ramon, Pleasanton, Livermore & Beyond)**

Open Heart Kitchen……………………………………………………………………………………………………….925-580-6793

Alcosta Senior and Community Center…………………………………………………………………………..925-973-3250

Tri Valley Mobile Food Pantry………………………………………………………………………………………..925-449-1664

Pleasanton Senior Center……………………………………………………………………………………….........925-931-5385

Dublin Senior Center………………………………………………………………………………………………………925-556-4511

Livermore Senior Center…………………………………………………………………………………………………925-421-4657